

JUNE 2025

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Sunday after the Ascension	2	3	4	5	6 First Friday	7 First Saturday
8	Pentecost Sunday	9 Pentecost Monday	10 Pentecost Tuesday	11 Ember Wednesday	12 Pentecost Thursday	13 Ember Friday Pro-Life Vigil	14 Ember Saturday
St. Alphonsus Boys' Camp							
15	Trinity Sunday	16	17	18	19 Corpus Christi	20	21
22	Second Sunday after Pentecost	23	24 St. John the Baptist	25	26	27 Sacred Heart of Jesus	28
						All-Night Adoration	
29	Sts. Peter and Paul	30					

**Church Location:**  
626 Aspen Dr.  
Security, Colo. 80911  
(719) 382-0121

**Mailing Address:**  
P.O. Box 5211  
Colorado Springs,  
Colo. 80931-5211

**Sacramental Emergency:**  
(719) 464-6129

**Parish Registration, Records, Inquiries:**  
cosfssp@gmail.com

**www.cofsfp.org**

**Volunteers**

**St. Benedict Altar Guild**  
Nathan Wike: cosfssp.altarguild@gmail.com

**Choir**  
Kelsey Villalobos: (719) 651-9800

**Ushers**  
Kris McCowen: (719) 352-1519

**Pro-Life Events**  
Michael Smiley (719) 502-9149  
Michele Smiley (719) 447-7236

**Home-Schoolers' First Friday**  
Gracey Wike:  
cosfssp.homeschoolgroup@gmail.com

**Young Roses of Mary Girls' Group**  
Amy Seltzer: caseltzer@gmail.com

**Take-Them-a-Meal/Sunday Brunch**  
Marcella Guilez dmjmfamilyllove@aol.com

**Housekeeping**  
Jennifer Villalobos: (719) 651-8135

**Bulletin**  
Jill Demian: (719) 579-9439

**Please pray for:**

**Repose of the Souls of:**

Pope Francis  
Jeff Nelson

**Parishioners who serve our nation:**

2nd Lt. David Bentley, U.S. Air Force  
Master Sgt. Chris Biery, U.S. Air Force  
Spec. 2 Victor Follis, U.S. Space Force  
Petty Officer 1st Class Paula Gennitti, U.S. Navy  
1st Lt. Adam Giammattei, U.S. Army  
Sgt. Major Chad Keirns, U.S. Army

2nd Lt. Alexander Kleitz, U.S. Space Force  
1st Lt. Mary McCowen, U.S. Army  
Lt. Col. Lynn W. Sullivan, U.S. Army  
Staff Sgt. Marc Snyder, U.S. Marine Corps  
2nd Lt. Jacob Vore, U.S. Space Force  
Sgt. Daniel Walsh, U.S. Army  
Sr. Airman Thomas Walsh, U.S. Air Force  
Lt. Col. Nathan Wike, U.S. Army  
Master Sgt. A. Youngblood, U.S. Army  
Sgt.1st Class Cinthya Zuniga, U.S. Army

**\* IMMACULATE \*  
CONCEPTION  
CATHOLIC CHURCH**

*Priestly Fraternity of St. Peter*

JUNE 1, 2025

**SUNDAY after the ASCENSION**

**Sunday Schedule:**

Low Mass: 7 a.m.  
Sung Mass: 9 a.m.  
11 a.m.

**Confessions:**

One-half hour before Mass  
Saturdays 4 p.m.

**Daily Mass Schedule:**

Monday, Tuesday, Wednesday: 8 a.m.  
Thursday: 6 p.m.  
Friday, Saturday: 8 a.m.

**Holy Hour:**

Thursday: 7 p.m.

PASTOR:  
**FR. JAMES GORDON, F.S.S.P.**

ASSISTANT PASTOR:  
**FR. DENNIS GORDON, F.S.S.P.**



"O Mary, through thine Immaculate Conception make my body pure and my soul holy."



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Insights into  
making a better

CONFESSIO

Light and Peace, by R. P. Quadrupani, Barnabite

“I said: I will confess against myself my injustice to the Lord, and thou hast forgiven the wickedness of my sin” (*Psalms 31:5*).

“But if any man sin, we have an advocate with the Father, Jesus Christ the just” (*1 John 2:1*).

“Whose sins ye shall forgive, they are forgiven them: and whose ye shall retain, they are retained” (*John 20:23*).

The Sacrament of Penance is a sacrament of mercy. We should therefore approach it with confidence and in peace. St. Francis de Sales assures us that for those who go to Confession once a week a quarter of an hour is enough for the examination of conscience, and a still shorter time for exciting contrition. Not even this much is necessary, he adds, for those who confess more frequently.

Faults omitted in Confession either because they are forgotten or because they seemed too trivial to mention, are nevertheless effaced by the absolution. St. Francis de Sales has this to say on the subject: “You must not feel worried if you cannot remember your sins when preparing for Confession, for it is incredible that any one who often examines her conscience would overlook or be unable to recall such faults as are important. Neither should you be so keenly anxious to mention every minute imperfection, every thrilling fault; it is enough to speak of these to our Lord, with a sigh of regret and humble heart, whenever you remark them.” And do not imagine in consequence that you are guilty of secret sins which you are hiding from your confessor. This fear is an artifice made use of by the devil to disturb your peace of mind.

“You must not be so anxious to tell everything, nor to run to your superiors to make a great ado over

each little thing that troubles you and that will, perhaps, be forgotten in a quarter of an hour. We must learn to bear with generosity these trifles which we cannot remedy, for ordinarily they are only the consequences of our imperfect nature. That your will, feelings, and desires are so inconstant; that you are at one time moody, at another cheerful; that you now have a wish to speak, and presently feel the greatest aversion to do so; and a thousand similar insignificant matters are infirmities to which we are naturally prone and will be subject to as long as we live.... It is needless to accuse yourself in Confession of those fleeting thoughts that like gnats swarm around you, or of the disgust and aversion you feel in the observance of our vows and devotional exercises, for these things are not sins, they are only inconveniences, annoyances” (*St. Francis de Sales*).

Rest assured that the more closely you examine your conscience the less you will discover what is worth the trouble of telling. Moreover, you must remember that too long an examination fatigues the mind and cools the fervor of the heart.

To those who in their confessions are inclined to confuse the involuntary movements with sins, St. Francis de Sales gives the following useful advice: “You tell me that when you have experienced a strong feeling of anger, or have had any other temptation, you are always uneasy if you do not confess it. When you are not sure that you have given consent to it, I assure you it is unnecessary to mention it except it may be in a spiritual conference, and then not by way of accusation, but to obtain advice how to behave another time in like circumstances. For if you say: I accuse myself of having had movements of

violent anger for two days, but I did not give way to them, you are telling your virtues, not your sins. A doubt comes into my mind, though, that I may have committed some fault during the temptation. You must consider maturely if this doubt have any foundation in fact, and if so, speak of the matter in Confession with all simplicity; otherwise it is better not to mention it, as you would do so only for your own satisfaction. Even should this silence cost you some pain, you must endure it as you would any other to which you can apply no remedy.”

“Omit from your confessions” — we again quote the same saint — “those superfluous accusations which so many persons make merely through habit: I have not loved God sufficiently; I have not prayed with enough fervor; I have not loved my neighbor as much as I should; I have not received the sacraments with all the reverence due to them; and others of a like nature. You will readily see the reason for this. It is that in speaking thus you tell nothing particular that would make known to the confessor the state of your conscience, and because the most perfect man living, as well as all saints in paradise might say the same things were they making a confession.”

Those who go to Confession frequently should always bear in mind what the saintly director says in addition: “We are not obliged to confess our venial sins, but if we do so it must be with a firm resolution to correct them, otherwise it is an abuse of the sacrament to mention them.”

After Confession keep your soul in peace, and be on your guard — this is a point of cardinal importance — against giving access to any fear about the validity of the sacrament, either as regards the examination of conscience, the contrition, or anything else whatsoever. These fears are suggestions of the

devil whose aim it is to instill bitterness into a sacrament of consolation and love.

“After Confession is not the time to examine ourselves to find if we have told all our sins. We should rather remain attentively and in peace near our Lord, with whom we have just been reconciled, and thank Him for His great mercy. Nor is it necessary subsequently to search out what we may have forgotten. We must tell simply all that comes to mind; after that we need think no more about it” (*St. Francis de Sales*).

It is essential to be sorry for our sins — it is not essential to be troubled about them. Repentance is an effect of love of God, anxiety is an effect of self-love. In the midst of the keenest and most sincere repentance we can still thank God that He has not permitted us to become yet more culpable. Let us promise Him a solid amendment, relying for success solely upon the assistance of divine grace; and should we fall again a hundred times a day, let us never cease to renew the promise and the hope. God can, in an instant, raise up from the very stones children to Abraham and exalt the most corrupt natures to the highest degree of sanctity. At times He does so, but usually it is His will that we long continue to bear the burden of our infirmity: let us not then lose our trust in Him, nor mistake a state of trial for a state of reprobation.

God has, indeed, on some occasions cured sinners instantaneously and without leaving in them any trace of their previous maladies. Such, for instance, was the case with the Magdalen. In a moment her soul was changed from a sink of corruption into a well-spring of perfection, never again to be contaminated by sin. But, on the other hand, in several of the beloved disciples this same God allowed many marks of their evil inclinations to remain for some time after their conversion,

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MASS INTENTIONS

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FOR THIS WEEK

Monday, June 2 ~ *Feria after Ascension*  
8 a.m. — Maura D. Carreon-Mier, by Jessica Mier

Tuesday, June 3 ~ *Feria after Ascension*  
8 a.m. — Private Intention

Wednesday, June 4 ~ *St. Francis Caracciolo*  
8 a.m. — Andrew Broestl, by Lee & Marty Broestl

Thursday, June 5 ~ *St. Boniface*  
6 p.m. — M. J. Rodacy, by Rodacy Family

Friday, June 6 ~ *St. Norbert*  
8 a.m. — + James P. Gordon, Jr.  
6 p.m. — + James P. Gordon, Jr.

Saturday, June 7 ~ *Vigil of Pentecost*  
8 a.m. — Private Intention, by Jill Demian  
11: 30 a.m. — Reparation to the Immaculate Heart of Mary

Sunday, June 8 ~ *Pentecost Sunday*  
7 a.m. — Private Intention  
9 a.m. — In Reparation for Bad Communions  
11 a.m. — *Pro Populo*

Our priests cannot accept Mass intentions at this time.

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and this for their greater good. Witness St. Peter, who, even after the divine call, was guilty of various imperfections and once fell totally and miserably by the triple denial of his Lord and Master.

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with yourself” (*St. Francis de Sales*).

“There is no sight more pleasing to heaven than to witness the persevering and determined struggle of a soul which, throughout, remains united to God by a sincere desire and a firm resolution not to offend Him — and maintaining this struggle calmly and patiently even when it is to all appearance fruitless. Such a soul, resigned to retain its defects if it is God’s will, yet determined notwithstanding to fight against them relentlessly, is more precious in the eyes of God than if the practice of virtue were easy for it and it were in peaceful possession of spiritual gifts.”